

# Pre-Ride Briefing Worksheet

A pre-ride briefing must be conducted before the start of a ride. A briefing may also be necessary before starting the ride home; such as after the lunch stop.

- **Make sure the riders are ready to ride**
  1. Bikes are in good condition with a full tank of gas
  2. Riders and passengers have empty bladders
  3. Try to identify new or inexperienced riders before the briefing
  
- **Begin the briefing**
  1. Verify everyone has signed in and all release forms are signed
  2. Introduce the sweeper
  3. Describe the destination
  4. Describe the route
  5. List the stops along the way
  6. Explain the biker games that will be played
  7. Introduce new members to the group
  
- **Safety**
  1. Riders must know their limits and ride within them
  2. Explain staggered riding formation
  3. Explain the 2 second rule. Double it for wet or foggy weather.
  4. Riders need to remain alert to what is happening around them
  5. Obey traffic laws and traffic control devices
  6. Always use hand signals and turn lights for all movements
  7. Explain the “No Alcohol” policy
  8. Explain the procedures for passing traffic
  9. Warn the group that 2-up bikes will take corners at a much slower speed
  
- **Identify inexperienced group riders**
  1. Recommend that they locate directly behind the Road Captain or in front of the Sweep
  2. Explain **why** they will be located in this position
  
- **Review the hand signals**
  1. Turning
  2. Stopping
  3. Changing speed
  4. Single and double file
  5. Road hazard (left and right)
  6. Need help and All OK
  7. Start engines
  8. Close or tighten formation
  9. Need a break (rest stop or gas)